Parks & Recreation

Prevent the spread of COVID-19 while enjoying the park.

PHYSICAL DISTANCING

Stay at least 6 feet from others at all times

I 6 ft. **□**

Avoid park gatherings of more than 10 people.

WEAR A FACE MASK

Face masks or coverings should be worn



at ALL times.

PLAY NO-CONTACT SPORTS

Contact sports, like baseball or soccer, should be limited



to no-contact activities. Nocontact sports, like tennis, are permitted.

AVOID INTER- TEAM GAMES

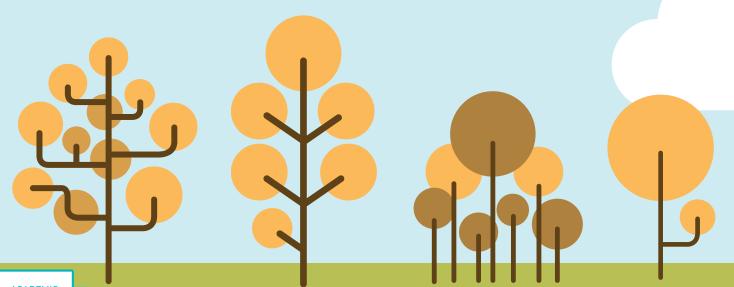
No inter-team games, scrimmages or tournaments



are allowed for organized sports activities.

OTHER HELPFUL TIPS

- If the park seems crowded, come back at another time when it is safer.
- If possible, limit gathering with others outside of your household.
- Follow other public health precautions, such as washing and sanitizing hands often & covering coughs and sneezes.



PUBLIC HEALTH VOLUNTEER CORPS

Sources: MA Executive Office of Energy and Environmental Affairs Created by APHVC for Rochester Local Board of Health | 508-763-5421 https://www.townofrochestermass.com/boardofhealth.html