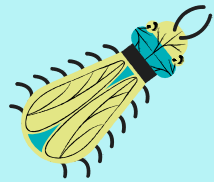

VECTOR BORNE DISEASES

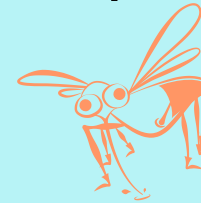
Vector borne diseases are diseases transmitted to humans from arthropods like ticks and mosquitoes. There are several vector borne diseases transmitted in Massachusetts.

Ticks

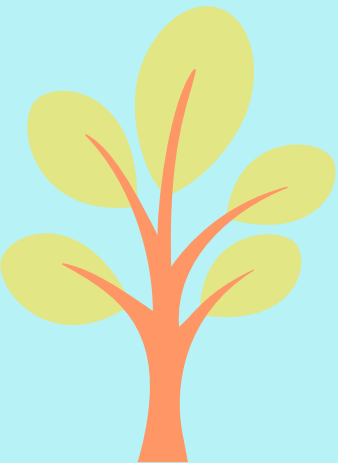


- Lyme Disease
- Babesiosis
- Anaplasmosis

Mosquitoes



- Eastern Equine Encephalitis (EEE)
- West Nile Virus



PROTECT YOURSELF FROM TICKS AND MOSQUITOES

1. Wear **insect repellent** with DEET or permethrin



2. Wear **long pants and long sleeve** shirts

3. Take extra precaution at **dawn and dusk**,
when mosquitoes are most active



4. **Check yourself for ticks** when you come inside

5. Remove **stagnant pools of water**-
mosquitoes breed here!



6. Tell your doctor if you **feel sick** or have a
"bulls-eye" rash